

## ABOUT CDFC

### Our Mission...

To establish and strengthen collaboration among community partners that support efforts to reduce youth and adult substance use disorder and addiction in Beech Grove and surrounding communities.

## NATIONAL PREVENTION RECOGNITIONS

Everyday, in every possible way, we need to stand up to the stigma surrounding mental illness and addiction...educate yourself and others. Watch CDFC Facebook page or website for details! [Please join us.](#)

### National Drug & Alcohol Facts Week - March

Sponsored by National Institute on Drug Abuse (NIDA). Each year around this observance provides an opportunity to bring together scientists, students, educators, healthcare providers, and community partners—to help advance the science, so that we can improve the prevention and awareness of substance misuse in our own communities and nationwide.

### National Prevention Week - May

Sponsored by Substance Abuse and Mental Health Services Administrations (SAMHSA). Each year around this observance, CDFC partners with the Beech Grove branch of the Indianapolis Public Library to display prevention resources, conduct prevention programs and offer youth fun activities to raise awareness of the importance of substance use prevention and positive mental health.

### National Recovery Month - September

Sponsored by SAMHSA to educate Americans that substance use treatment and mental health services can enable those with a mental and/or substance use disorder to live a healthy and rewarding life. CDFC hosts a booth at the annual Beech Grove Fall Festival to celebrate individuals in recovery and distribute prevention resources.

### National Red Ribbon Campaign - October

Sponsored by National Family Partnership to bring awareness about alcohol, tobacco, other drugs, and violence prevention every October 23-31. It began as a tribute to fallen DEA special agent Enrique Camarena in 1985. CDFC partners with Beech Grove City Schools to bring awareness about the importance of parents/caring adults implementing protective factors to reduce the risk of harm with youth substance misuse.

## OTHER RESOURCES

### Crisis Hotlines

#### National Helplines

Dial 2-1-1 Helpline (non-emergency)  
Dial 9-1-1 Helpline (emergency)  
Dial 9-8-8 Suicide Prevention Lifeline  
National Helpline 1-800-662-HELP (4357)

Crisis Text Line: Text “HOME” to 741741  
Crisis Text Line—Spanish: “Hablanos” to 66746

Deaf/Hard of Hearing  
Text “TalkWithUs” to 66746  
Military Veterans 1-800-273-TALK (Press 1)  
Spanish 1-800-985-5990 (Press 2)  
LGBTQ Youth—Trevor Project 1-866-488-7386

### Other Resources

Drug Free Marion County <https://drugfreemc.org>  
Marion County Public Health Department  
[www.marionhealth.org/](http://www.marionhealth.org/)  
MDwise, Inc. [www.mdwise.org](http://www.mdwise.org)  
(Indiana Medicaid Provider)  
Overdose Lifeline [www.overdoselifeline.org](http://www.overdoselifeline.org)  
SAMHSA [www.samhsa.gov](http://www.samhsa.gov)

## WHO ARE WE

Founded By  
Certified Community Health Education Specialists CHES®  
Led By  
Grassroots Community Partners and Members

## CONTACT US

[Facebook.com/BeechGroveDrugFree](https://www.facebook.com/BeechGroveDrugFree)  
[www.BeechGroveCDFC.org](http://www.BeechGroveCDFC.org)  
Email: [BGDrugFree@gmail.com](mailto:BGDrugFree@gmail.com)



Together...  
We Make a Difference!



# IT TAKES A COMMUNITY TO KEEP A COMMUNITY HEALTHY

**CDFC Partners are committed  
to helping you achieve your goals:**

**Prevention Works,  
Treatment is Effective,  
People do Recover, and  
Intervention Sustains.**

**Are you ready? →**



## **PREVENTION**

**Healthy Lifestyles Center, LLC** (Tai Chi, Yoga, Pilates)  
<https://www.facebook.com/HealthyLifestylesCenter>

**Hope Academy High School** (FREE for youth in recovery)  
<https://www.hopeacademyrhs.org>

**Makerspace Life Church & Training Center**  
<http://makersindy.com>

**Marion County Public Health Department**  
<http://marionhealth.org/programs/population-health/substance-use-outreach-services>

**SAMHSA for Parents "Talk . They Hear You."**

- <https://www.samhsa.gov/underage-drinking/parent-resources>
- <https://www.samhsa.gov/hable-ellos-escuchan>

**WindRose Health Network**  
<https://www.windrosehealth.net>



## **INTERVENTION SERVICES**

**Parent Cafe**  
<https://www.beechgrovecdfc.org/Recovery>

**Café Indy** (recovery coach available)  
<https://www.webloom.org/recovery-cafe.html>

### **12-Step Programs**

- <https://help.aameetingfinder.org>
- [www.naindiana.org/meetings.php?iAreaID\\_req=2](http://www.naindiana.org/meetings.php?iAreaID_req=2)

## **TREATMENT**

**Community Health Network**  
Mental Health & Addiction  
<https://www.ecommunity.com/services/mental-behavioral-health>

**Emberwood Center**  
Treatment, Recovery, Transformation  
<https://www.emberwoodcenter.org>

**Franciscan Health**  
Behavioral Health & Addiction  
<https://www.franciscanhealth.org/health-care-services/behavioral-health-412>

**Life Recovery Center**  
<https://www.liferecoverycenterindy.com>

**Valle-Vista Health System**  
<https://vallevistahospital.com>

## **YOUTH PROGRAMS**

**Beech Grove Youth Coalition**  
[bgcdfc.pc@gmail.com](mailto:bgcdfc.pc@gmail.com) (signup)  
In partnership with...  
**Students Against Destructive Decisions (SADD)**

**Boys & Girls Club—Keenan-Stahl**  
<https://bgcindy.org/keenan-stahl>

**Boysiimen—meets at BG Middle School**  
[www.boysiimen.org](http://www.boysiimen.org)

**Hornet Park Buzz Club**  
[www.hornetparkcommunitycenter.com](http://www.hornetparkcommunitycenter.com)

**NIDA's "Teen Talk" Website**  
[www.Teens.DrugAbuse.gov](http://www.Teens.DrugAbuse.gov)

## **RESIDENTIAL SERVICES**

**Harbor Light Center, The Salvation Army**  
[https://www.freerehab.center/li/in-harbor\\_light\\_center\\_the\\_salvation\\_army](https://www.freerehab.center/li/in-harbor_light_center_the_salvation_army)

**Indiana Affiliation of Recovery Residences**  
(certified recovery houses in Indiana)  
<https://www.inarr.org>

Visit [www.BeechGroveCDFC.org](http://www.BeechGroveCDFC.org) for information about events, meetings, programs, and more.